



# Postcode Children Trust

## Impact Statement 2021-2024

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Postcode Children Trust has a **vision** that every child and young person, regardless of their starting point, background or experiences, feels loved, safe, respected and enabled to thrive into adulthood. We want a world where the voice and rights of the child are at the centre of their journey and support is offered early to children, young people and families who need it, free from judgement or stigma.

Postcode Children Trust's **mission** is to inspire and support children and young people to make the most of their lives and opportunities within their communities.

Postcode Children Trust will fund **charities** that seek to strengthen families, tackle poverty, support mental health and resilience and boost opportunities for young people. The trust will also fund charities working alongside children and young people with disabilities and supporting those who have experienced trauma and abuse.

### Celebrating our charity partners

Over the last few years, many charities, including those supported by the Trust, faced real challenges. Whether from the COVID-19 pandemic, the climate crisis, or the cost of living, we are proud that players of People's Postcode Lottery are helping Postcode Children Trust to fund charities to continue their important work.

### New charity partners

In 2024 Home Start UK, Onside Youth Zones and Scouts have joined the Trust's portfolio of regularly funded charities, meeting the growing need around additional funding for early years, and access to opportunity for young people. A Three-year Special Award commitment was made to The Childhood Trust.

### Funding in numbers

Over the last 4 years (2021 - 2024) the Trust has awarded a total of £56.8 million. In the strategy period, the Trust's funding has supported the following cause areas:

**£27m**

to charities working to safeguard and support vulnerable children, young people and their families.



**£3.9m**

to support children and young people with a disability.



**£5.2m**

to charities supporting children and young people's physical and mental health in an educational setting.



### Response to Cost of Living crisis

Throughout this strategy period, we recognize that cost pressures related to the cost of living crisis in the UK affected charities in a number of ways. In response, in 2023 we gave £100,000 of additional unrestricted funding to all of our long-term charity partners, providing them with a much-needed boost in income at the end of a challenging year.

## Case Study

### Supporting Young Mum Corrine with her Mental Health



Corrine, aged 24, is a young mum living in Glasgow. She's previously received mental health support from **Barnardo's**.

*"I got in contact with Barnardo's when I fell pregnant just before the first lockdown in 2020. I wasn't in a great relationship at the time – I had to make some tough choices. It wasn't an easy process and Barnardo's supported me through that and with my mental health as well. I had my wee boy in May 2020. We were in the middle of the [Covid-19] pandemic at that point and I had really bad postnatal depression. At the time, I had different services contacting me via the phone, but nobody was doing home visits... My Barnardo's support worker was phoning me every week, sometimes two times a week and, on one occasion, he phoned me and we just had a normal, chilled conversation. He said 'hiya' and asked me how I was doing. I told him about my plans for that day and he must have*

*known something wasn't right – but I was playing it off and acting like I was totally fine. About half an hour later, he got me the help I required. That was the first time a service had noticed my postnatal depression."*



For Corrine, getting access to mental health support hasn't always been easy.

*"If it wasn't for my support worker at the time from Barnardo's, phoning and actually emphasising that I need support, it would have been a different story. It would have been a totally different outcome in the end."*

Today, Corrine and her son are doing well and Corrine now works with Barnardo's.

*"I feel like I've done a 360-degree turn. My mental health is so much better now. If you told me four years ago where I'd be now, I wouldn't have believed you. I think, when you're in a dark place, you just don't know where to turn. But I can always say that when Barnardo's makes a promise, they keep the promise."*

**POSTCODE**

CHILDREN  
**TRUST**

Postcode Care Trust is a registered charity with the Scottish charity regulator OSCR (SC044773) and has been in operation since 2014. The trust operates its own society lottery and receives all its funding from the players of People's Postcode Lottery.

An independent board of trustees is legally responsible for the governance of the trust and how it is managed.